

## Arestin

- After your Arestin treatment, do not eat or drink for 30 minutes
- Avoid touching the treated areas.
- For 1 week, avoid foods such as popcorn, chips, granola bars, nuts, or anything that could hurt your gums. Do not chew gum or eat sticky foods.
- Wait at least 12 hours after your treatment before brushing teeth.
- Wait at least 10 days before using floss or other devices designed to clean between the treated teeth.
- Continuing good oral hygiene. After 10 days, continue to brush twice a day and floss daily, as well as any other oral hygiene aids that are recommended by your dentist Dr. Virginia Ipapo.

